

## **Ignite Dance Co. Preschool Program 2016**

### **Mini Movers (2 - 3 years)**

This class is still based off the same structure as past years, however it has been tweaked to include more of what our students have responded well to during 2015. With the use of creative movement & props, the classes will follow an imaginative program that keeps our youngest dancers engaged and wanting to learn more :) It will continue to introduce the basic foundations of dance, encouraging co-ordination, spatial & dynamic awareness, gross & fine motor skills. Students will be encouraged to use imaginative play, facilitating the actual execution of steps. This class will encourage that initial love for dance & movement which is so important for our littlest dancers :)

### **Pre-Ballet (2-3 years & 4 - 5 years)**

We have now separated ballet for all of our preschool age groups. This class will focus only on ballet, learning steps & positions for children at this age. While it will mostly be an open class, our 4 - 5 yr old students will also learn some parts of the R.A.D syllabus, which include basic technique as well as free movement and creative dance.

### **Future Stars (4 - 5 years)**

This class has been developed to be a perfect transition between preschool to pre-primary classes. In an upbeat, fast-paced class, students will get to experience a range of dance styles in a combination of jazz, hip hop and song & dance. This class will focus on both co-ordination and performance skills :)

\*Pre-Ballet can be combined with Mini Movers for 2 - 3 year olds, and with Future Stars for 4 - 5 year olds

### **Mums & Bubs Fitness**

This is a new class that we are trialing for 2016. We are opening it up to all ages, and will be able to cater the class according to who is interested. For those with younger babies, we will be able to use them as weights throughout the class, and will also be able to cater towards parents with newborns (being held in slings etc.)

The class will also be open to parents of older children as a normal fitness class :)